Name:	
E-mail:	
Cell Number:	-
LCCC Student ID #: ———————————————————————————————————	
Major:	-
Counselor:	-
Expected Graduation Date:	_
Campus Involvement:	_
	_
Prior Academic Performance	
Credits attempted so far: Credits earned: Cum C	3PA:
Number of credits attempting this semester:	
Number of courses currently being retaken:	
This semester, I'll need a GPA of to return to good academic s	tanding.

Last Semester's Obstacles

What obstacles nagatively impacted your grades? Check all that apply. Then, circle the top 3 obstacles that impacted your academic progress.

ACADEMIC	MAJOR/CAREER PATH
Ineffective study skills	Uncertain about what major to take
Undeveloped time management skills	No clear career goals ———
Unprepared for exams ————	Not sure why I'm in school
What worked in high school isn't working anymore —	
Difficulty concentrating	
Difficult classes/not prepared for course level ————	-
Conflict with instructor(s)	
Unable to comprehend course content	
Registered for too many classes	
Poor attendance/skipped classes	
Uncomfortable classroom environment	
PERSONAL/OTHER	
Financial difficulties	Family situation
Health Problems	Difficulty adjusting to college
Hard to get out of bed in morning	Childcare ———
Use of alcohol or other substances	Transportation
Possible learning disability	Lack of support at home
Difficulty sleeping at night	
Stess, anxiety, or tension	
Over-involved with co-curricular activities	
Lack of motivation	
Working too much	

Semester Goals

Semester Goals	Action Plan	Resources Available
1.		
2.		
3.		

Factors that may contribute to academic sucess	How will these factors impact your success?	Factors that may hinder your academic success	Ways to manage these factors
1.		1.	
2.		2.	
3.		3.	

Meeting Schedule

Purpose	Attended?
Initial Meeting – Plan	
Development	

Agreement

I recognize that the following actions are critical to my academic recovery:

- 1. I will attend all classes in which I am enrolled.
- 2. I will set and abide by a regular study schedule.
- 3. I will seek help in my courses as needed (tutoring, writing center, study groups, instructor's office hours).
- 4. I will commit to working towards the goals that I have set for myself this semester.
- 5. I will attend scheduled meetings with my counselor.
- 6. I will make academics my priority over co-curricular and recreational activites.

Student Signature: _		
J		
Date:	-	