Program Speaker
Catrice Opichka, RDH, BS

Catrice has been active in the field of dentistry for twenty-seven years, practicing as a registered dental hygienist for the last twenty years. Catrice’s passion is education. Whether inspiring patients to get invested in their oral health, building relevant education for dental professionals, or teaching clinicians how to better care for complex patients: Catrice believes in excellence through education. She provides education to dental professionals on the risks, diagnosis, treatment and care for cancer patients. She is also on the front line in addressing difficult topics such as HPV and addiction and their effects on our patient’s oral health. She lectures internationally and facilitates workshops to help better care for complex patients.

Her programs take relevant, evidence-based data and combine it with real-world situations to help us create a dialog with our patients to make a lasting difference in their lives.

Catrice is a member of the National Speakers Association, American Dental Education Association, Washington State Department of Health – Dental Hygiene Examining Committee Board Member, American Dental Hygienists Association, and is a Seattle Study Club Education Advisory Board Member.

Lost / Misplaced Certificates: To receive a copy of a lost or misplaced CEU certificate following the program, you must contact the PDHA State Office. As recommended by PDHA, replacement certificates will no longer be supplied by the Alumni Office.
**Course Description**

**Sex, Drugs, and Alcohol: The 21st Century Dental Therapist**

The role of the dental clinician has changed significantly in the last 100 years. From dental technician to dental therapist, the face of our daily interactions with patients has taken on new challenges and created new responsibilities. Every day we are faced with difficult conversations that go far beyond the dental health of our patients. We have always faced the challenges of discussing issues like smoking and chewing tobacco with our patients. However, these are no longer the only addictions we need to be prepared to deal with in our practice. We need to be ready to address the effects of alcohol and drug abuse as well.

The increase in oral cancer related to the human papillomavirus (HPV) has forced us to look at the way we address oral sex as one of the new risk factors of oral cancer. We also fight the impact of today's society in the increased incidence of bulimia, which was traditionally prevalent in women, but is now also occurring more frequently in our male patients. To add to these complex conversations – these challenges – are being seen in our teen and young adult patients as well as adults.

This course takes an interactive approach to dealing with these complex conversations. We will uncover relevant statistics and valuable information to use as a foundation to bring into the workshop. Participants will then work together to discuss the best ways to start a dialogue with our patients on these challenging topics.

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**Program Agenda**

**Friday, May 12, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>7:30 - 8:20 a.m.</td>
<td>Registration, Continental Breakfast</td>
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<tr>
<td>8:30 - 11:30 a.m.</td>
<td>Catrice Opichka lecture and presentation Sex, Drugs, and Alcohol: The 21st Century Dental Therapist</td>
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<tr>
<td>11:30 a.m. - 12:30 p.m.</td>
<td>Lunch served in the ECC Dining Room</td>
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<tr>
<td>12:30 - 3:30 p.m.</td>
<td>Continuation of lecture</td>
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This seminar is intended for all graduates of LCCC’s Dental Assisting, EFDA, and Dental Hygiene Programs. However, all medical professionals, including dentists, are welcome.

For more information, contact the Alumni Office at (570) 740-0735, the Dental Health Office at (570) 740-0448 or e-mail: alumni@luzerne.edu

For directions to LCCC, visit www.luzerne.edu.

**Cancellation Policy:**
No refunds will be issued to anyone who cancels after April 28, 2017 or is a “no show.”

**Continuing Education Credits:** Mandatory continuing education is the law in Pennsylvania. Dentists must obtain 30 hours every two years; registered dental hygienists (RDH) must obtain 20 hours every two years; expanded function dental assistants (EFDA’s) must obtain 10 hours every two years; and nationally certified dental assistants (CDA’s) must obtain 12 hours every year. For this program, six hours of continuing education credits (CEU’s) have been applied for from the Pennsylvania Academy of Dental Hygiene Studies.

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**Registration Form**

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<th>Registration Fee:</th>
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<tr>
<td>Healthcare Professionals:</td>
</tr>
<tr>
<td>Early Bird Rate (by March 31) . . . . . $70</td>
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<tr>
<td>(postmarked by May 1) . . . . . $75</td>
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<tr>
<td>(May 2 or later) . . . . . $85</td>
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<tr>
<td>LCCC Dental Health student rate: . . . . $20*</td>
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<tr>
<td>*(students must have completed the Spring 2017 Semester at LCCC and be registered by May 1)</td>
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**Amount Enclosed** $__________

Please make checks payable to the LCCC Alumni Association. Payment includes continental breakfast, lunch, continuing education certificate, and all course materials.

Credit card: ☐ MasterCard ☐ Visa ☐ Discover

Card Number: _______________________
Expiration Date: __________ V-Code: __________
Signature: _______________________

Are you an LCCC Graduate? Yes ☐ No ☐
Year graduated Dental Assisting: ________
Year graduated Dental Hygiene: ________

☐ Please check here if you have special dietary needs.

Return completed form to:
Luzerne County Community College
Alumni Office - Dental Health Alumni Day
1333 S. Prospect Street • Nanticoke, PA 18634
Phone: 570-740-0734