

Dental Health Alumni Day

Friday, May 12, 2023

24th Annual Seminar for LCCC Dental Alumni
and Area Dental Health Professionals



Special Thanks To Our Sponsor:



Continuing Education Credits: Mandatory continuing education is the law in Pennsylvania. Dentists must obtain 30 hours every two years; registered dental hygienists (RDH) must obtain 20 hours every two years; expanded function dental assistants (EFDA's) must obtain 10 hours every two years; and nationally certified dental assistants (CDA's) must obtain 12 hours every year. For this program, six hours of continuing education credits (CEU's) have been applied for from the Pennsylvania Academy of Dental Hygiene Studies.



PROGRAMS:

Nutrition and Dentition
Angie Yorina, RDH, MS, PHDHP

Fortune in Misfortune: A Story NOT
Silenced by Oral Cancer
Eva Grayzel



Nutrition and Dentition: Angie Yorina, RDH, MS, PHDHP

AM SESSION: Upon completion of the course, dental professionals will be able to identify how proper or poor nutrition impacts the dentition and understand the importance of teaching their patients the health benefits and risks involved.

COURSE OBJECTIVES:

- The food pyramid and why changes were made
- Acid reflux and erosion
- Fad diets and whole body health, begins with the mouth
- Midnight snacking
- Improper mastication and digestion
- Orthodontic food restrictions
- The importance of crunchy and/or soft foods
- Surgical Procedures and NPO
- Should we use sugar or sugar substitutes?
- Flavored medicines and oral care
- Nutritional supplements, are they better than food?
- Nutrition during pregnancy and dental health considerations
- Importance of early proper nutrition and oral habits for children

BIO: Angie Yorina's professional experience spans more than 20 years in the dental health field serving as a practitioner as well as an educator. She is a member of the American Dental Hygienists' Association, the Pennsylvania Dental Hygienists' Association serving as a current budget committee member and a distinguished member of the Academy of Dental Hygiene Studies.

Angie is a current Certified Trainer through PFSA (Pennsylvania Family Support Alliance) to present "Recognizing and Reporting Child Abuse" training to Pennsylvania mandated dental professionals. She also provides presentations to dental professionals about special needs patients including communication, nutrition, toothpastes, and polishing courses throughout the country.

Angie is a recipient of several awards and recognitions including PDHA's Community Dental Health Award. Her professional volunteer activities include serving as a Pennsylvania Public Health Dental Hygienist Practitioner and MOM-n-PA locally and throughout the state.

Fortune in Misfortune: A Story NOT Silenced by Stage IV Oral Cancer: Eva Grayzel

PM SESSION: Eva Grayzel transports dental professionals into the oral cancer patient's experience sharing riveting details about her delayed diagnosis. As well as finding the strength to persevere through the devastating effects of radical surgery and radiation motivating new thinking about oral cancer screenings and patient education. Her compelling narrative humanizes oral cancer, inspiring audiences professionally and personally.

COURSE OBJECTIVES:

- Inspire new thinking about patient communication
- Integrate screenings with patient education.
- Internalize the physical and emotional effects of a late stage oral cancer diagnosis.

BIO: Eva Grayzel first told her story at the 2003 National ADA conference on the main stage to 9,000 dentists. That's when she knew her story needed to be heard. Since then, she has become the voice for oral cancer, speaking internationally at dental, medical and survivorship conferences on the patient perspective. Six-Step Screening is her initiative to educate people globally about the signs and symptoms of the disease, for which she was awarded honorary membership to the American Academy of Oral Medicine. She is the author of two children's books to empower children with coping skills and communication strategies when someone they know has cancer.



Program Agenda Friday, May 12, 2023

7:45 - 8:15 am

Registration & Exhibitors

8:30 - 11:30 am

Nutrition and Dentition

11:30 - 12:30 pm

Lunch & Exhibits

12:30 - 3:30 p.m.

Fortune in Misfortune:
A Story NOT Silenced
by Stage IV Oral Cancer

LCCC's first-year dental hygiene students will be fund-raising for charity. They will be doing this prior to the start of the program and during lunch. Please consider supporting them.

This seminar is intended for all graduates of LCCC's Dental Assisting, EFDA, and Dental Hygiene Programs. However, all medical professionals, including dentists, are welcome.

Location:

Luzerne County
Community College
Educational Conference Center
916 Conference Drive
Nanticoke PA 18634

Cancellation Policy:

No refunds will be issued to anyone who cancels after April 28, 2023 or is a "no show."

Registration Form

24th Dental Health Alumni Day • Friday, May 12, 2023
A CEU certificate (6 CEU's) will be awarded at the end of the program.

Save time! Register online at
www.luzerne.edu/alumni/dentalhealth

Name: _____

Professional License No.* _____

Address: _____

City: _____ State _____ Zip _____

Employer: _____

Phone: (day) _____ (eve) _____

Email: _____

*License number is required.

Registration Fee:

Healthcare Professionals:

Early Bird Rate (by March 17) \$ 80
(postmarked by April 21) \$ 85
(April 22 or later - *If Seats Available*) . \$100

LCCC Dental Health student rate: \$ 25*

*(students must have completed the Spring 2023 Semester at LCCC and be registered by May 1)

Amount Due: \$ _____

Please make checks payable to the LCCC Alumni Association. Payment includes continental breakfast, lunch, continuing education certificate, and all course materials.

Credit card: MasterCard Visa Discover

Card Number: _____

Expiration Date: _____ V-Code: _____

Signature: _____

Are you an LCCC Graduate?

Yes No

If Yes, Year? Assisting: _____ Hygiene: _____

Please check here if you have special dietary needs.

Return completed form to:

Luzerne County Community College
Alumni Office - Dental Health Alumni Day
521 Trailblazer Drive • Nanticoke, PA 18634
Phone: 570-740-0734 • blauer@luzerne.edu